



## UMP is offering FREE FLU SHOTS!\*

Dear Uniform Medical Plan (UMP) enrollee:

UMP is offering FREE FLU SHOTS\* to all UMP enrollees (except Medicare enrollees) as part of your preventive care benefit. And don't forget, you earn 10 points for getting a flu shot if you participate in UMP's Health Counts program.

### Here is how to get your free flu shot:

- Find out who is offering flu shots in your area by calling either your doctor or your local health department.
- If you visit a UMP network doctor, UMP can be billed directly.
- If you need to pay up front for your flu shot, simply:
  - Fill out the information below and have the provider sign it.
  - Attach a payment receipt.
  - Mail it directly to UMP at the address shown below for reimbursement.

**Note:**  
Flu Mist is  
*not* covered by  
UMP PPO

### If you pay up front, please complete the information below (please print).

Patient name \_\_\_\_\_ Subscriber name \_\_\_\_\_

Date of flu shot \_\_\_\_\_ Subscriber I.D. # \_\_\_\_\_

Cost of flu shot\* \_\_\_\_\_ Provider name \_\_\_\_\_

Provider address \_\_\_\_\_

Provider signature \_\_\_\_\_

\*There is a \$30 limit on this offer. UMP will not pay for costs above this amount. If your flu shot costs less than \$30, UMP will reimburse you for the actual cost. Flu Mist is *not* covered. You must complete this form and send it in with your payment receipt to receive reimbursement. This offer does not apply to UMP enrollees who are also covered by Medicare. In most cases, Medicare covers flu shots in full.

Please return **this form**  
and **payment receipt** to:

**Free Flu Shots**  
**Uniform Medical Plan**  
**P.O. Box 34850**  
**Seattle, WA 98124-1850**

**Questions?**  
**Call 1-800-762-6004**

This form may be copied for other covered family members.